



## Sample Menu for a day at Royal

### **Royal Breakfast**

- ~ Continental options including homemade granola, cereal, yoghurt, fruit salad and freshly cooked muffins
- ~ Full cooked breakfast with choices of bacon, sausages, poached eggs, mushrooms, tomato and baked beans

### **Lunch**

- ~ Chicken and roast vegetable skewers, garden salad, spiced rice, three bean salad, butternut and chickpea salad and freshly baked bread rolls
- ~ Lemon Tart

### **Tea**

- ~ Mixed fruit cake and iced tea

### **Dinner**

- ~ Starter – Seared pepper beef and beetroot salad
- ~ Mains – Grilled trout with potato and apple salad or rolled chicken with garlic and rosemary potato wedges, with green beans and courgettes.
- ~ Pudding – Chocolate fondant